



A Health and Wellness Resource Helping Employers Succeed

Health Academy guides employers as they implement valuable health and wellness services. We are the employer resource for the annual health management activities that must be completed by Chamber Health Plus members.

Whether your company is experienced in health management programs, or you are adopting health management and wellness for the first time, Health Academy has proven programs and expertise that will add value to your wellness efforts.

Health Academy can help you launch a health program that addresses real health issues and insurance cost drivers at your organization.

The end result: healthier, more productive employees

Health Academy Tools:

Health Academy provides health management tools, templates and strategies for success:

- Detailed instructions for health days, health risk assessments (HRA) and biometric screening implementations
- Employee communication campaign templates; including e-mails, posters and brochures
- Health Risk Assessments & Biometric Screening Services
- Scheduling, sign-up and participation tracking tools
- Sample policies and procedures
- Worksite health improvement program



Health Academy Services:

Health Academy provides the health management services required for Chamber Health Plus membership:

Provides

- Health Risk Assessment
- Biometric Screening
- Health Improvement Program

Supports

- Health Day Planning
- Workplace & Health Policy Development



Health Coordinator

Your Health Academy Health Coordinator has the skills to help create a health management program for your company. Your Health Coordinator will work side-by-side with your human resources staff and your Select Broker to make the Health Academy experience efficient and effective.

Why Health Academy?

Chamber Health Plus and Health Academy have expertise, resources and experience in providing integrated health management strategies. We understand how health education and interventions can help change workplace behaviors and environments to improve health. Unlike many wellness programs, which can be hard to measure, Health Academy links employer participation in wellness to a clear, defined, financial benefit. As employees engage in Health Academy programs, employers can maximize opportunities for premium credits as members of Chamber Health Plus.

Responsibilities for Select Brokers, Employers & Health Academy

	Select Broker	Employer's HR Staff	Health Academy
Health Academy Orientation	<ul style="list-style-type: none"> Identify employer coordinator Schedule and attend employer orientation 	<ul style="list-style-type: none"> Designate champion to attend and participate in orientation 	<ul style="list-style-type: none"> Provide Health Academy binder to client Program overview to include features, requirements and responsibilities
Annual Health Day	<ul style="list-style-type: none"> Help employer meet participation goals Help design incentive strategies 	<ul style="list-style-type: none"> Schedule Health Day with Health Academy Decide on Health Day content Distribute employee communication about Health Day Track participation 	<ul style="list-style-type: none"> Provide employee communication templates Attend Health Day and assist as needed Verify participation requirement
Biometric Core Screening	<ul style="list-style-type: none"> Assist employer in implementation 	<ul style="list-style-type: none"> Employee screening communication Schedule screening day with Health Academy Complete Time Slot Form 	<ul style="list-style-type: none"> Provide employee communication templates Attend screening and assist as needed
Health Risk Assessment	<ul style="list-style-type: none"> Assist employer in implementation 	<ul style="list-style-type: none"> Employee communication about HRA completion Track participation 	<ul style="list-style-type: none"> Communicate availability of HRA online Verify participation requirement
Implement annual health improvement program	<ul style="list-style-type: none"> Assist employer with plan development and execution 	<ul style="list-style-type: none"> Communicate, implement & support program 	<ul style="list-style-type: none"> Health Academy will provide
Implement one responsible workplace policy	<ul style="list-style-type: none"> Assist employer with plan development and execution 	<ul style="list-style-type: none"> Implement policy 	<ul style="list-style-type: none"> Current policy review and Health Academy suggestions
Implement one healthy workplace policy	<ul style="list-style-type: none"> Assist employer with plan development and execution 	<ul style="list-style-type: none"> Implement policy 	<ul style="list-style-type: none"> Current policy review and Health Academy suggestions

Employer Requirements

To be completed annually	Requirements to stay in Chamber Health Plus	Requirements to reduce renewal by 3%
Health Day	Offer to Enrolled Employees	75% Enrolled Employee Participation
Health Risk Assessment	Offer to Enrolled Employees	90% Enrolled Employee and Spouse Participation
Biometric Screening	Offer to Enrolled Employees	N/A
Health Improvement Program	N/A	50% Enrolled Employee Participation
Implement a responsible workplace policy	Provide proof of policy	N/A
Implement a healthy workplace policy	N/A	Provide proof of policy



We are a coalition of employers working together to control employee benefits costs and promote a healthy workforce. The program is anchored by an innovative health management program, administered by Health Academy, offering incentives to employers who engage in wellness.